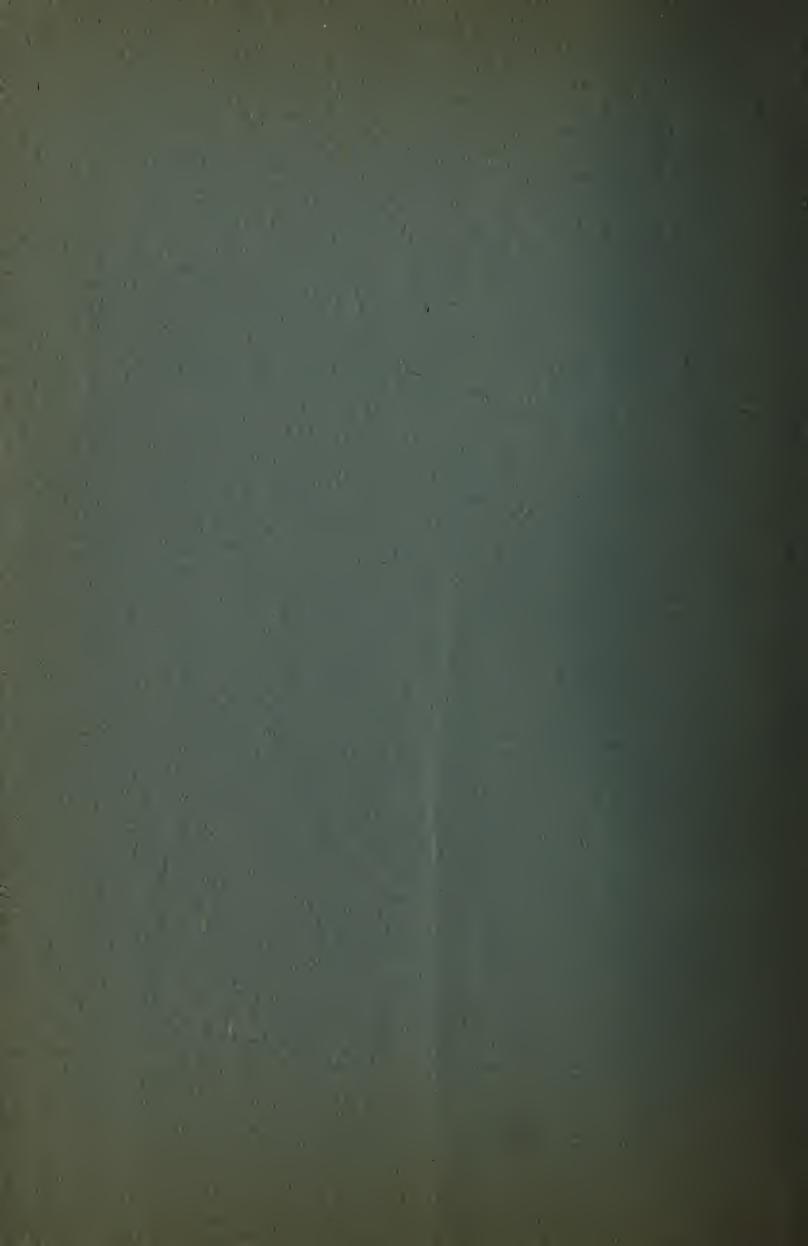
The Instructive District Nursing Association

Twenty-fifth Annual Report for the Year ending January 31, 1911



B O S T O N



J. W. Mireland.

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The maternity nurses care for the babies' eyes as a means of preventing infection and blindness.

FORM OF BEQUEST

I give and bequeath unto the Instructive District Nursing Association, in Boston, in the State of Massachusetts, incorporated in the year 1888, its successors and assigns, the sum of

\$85 supplies a nurse for one month. \$500 supplies a nurse for six months. \$1,000 supplies a nurse for one year. \$20,000 endows a nurse.



TWENTY-FIFTH ANNUAL REPORT

OF THE

INSTRUCTIVE DISTRICT NURSING ASSOCIATION

(INCORPORATED 1888)

FOR THE YEAR ENDING JANUARY 31, 1911



THOMAS TODD CO.
Printers

14 Beacon Street, Boston, Mass.

ACT OF INCORPORATION

No. 3480

COMMONWEALTH OF MASSACHUSETTS

BE it known that whereas, Phebe G. Adam, Anita E. Wheel-wright, Mary Minot, Hannah A. Adam, Judith W. Andrews, Abbie C. Howes, Margaret Greene, Clara T. Endicott, Susannah R. Norcross, Alice D. Chandler, Emily W. Appleton, and others, have associated themselves with the intention of forming a corporation under the name of The Instructive District Nursing Association, for the purpose of caring for the sick poor at their homes, and for instruction in home nursing, and have complied with the provisions of the Statutes of this Commonwealth, in such case made and provided, as appears from the certificate of the President, Treasurer, Secretary, and Managers of said corporation, duly approved by the Commissioner of Corporations, and recorded in this office;

Now, therefore, I, Henry B. Pierce, Secretary of the Commonwealth of Massachusetts, do hereby certify that said P. G. Adam, A. E. Wheelwright, M. Minot, H. A. Adam, J. W. Andrews, A. C. Howes, M. Greene, C. T. Endicott, S. R. Norcross, A. D. Chandler, E. W. Appleton, and others, their associates and successors, are legally organized and established as, and are hereby made an existing corporation under the name of, The Instructive District Nursing Association, with the powers, rights, and privileges, and subject to the limitations, duties and restrictions which by law appertain thereto.

Witness my official signature hereunto subscribed, and the seal of the Commonwealth of Massachusetts hereunto affixed, this twenty-sixth day of December, in the year of our Lord one thousand eight hundred and eighty-eight.

HENRY B. PIERCE,

[SEAL]

Secretary of the Commonwealth.

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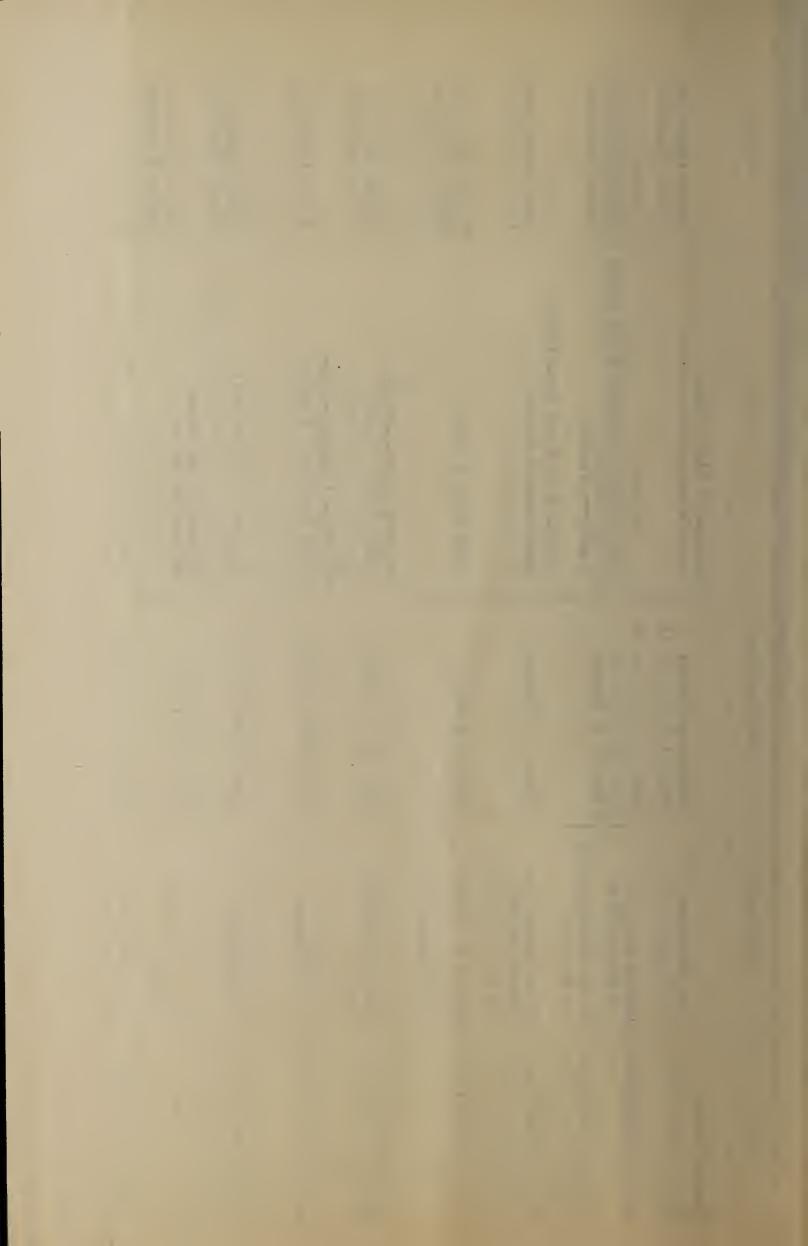
MISS ELLEN HALE

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MRS. F. S. CLARK

Districts.	Call Stations.	District Committees.	Nurses.	Physicians.
General Work	F. A. Woodbury	MISS MARY MINOT	Supported by King's Chapel MISS FLORENCE MACDOUGALL	Boston Dispensary
No. 1. East Boston	108 Sumner St. Howard Mfg. Co.	Mrs. O. Norcross, Jr.		District Physicians
No. 3. Charlestown No. 4. Charlestown	97 Monument St. Bunker Hill Boys' Club	Mrs. F. H. Monks	Mrs. Irene A. Garden, Head Nurse Resident Nurses	Boston Dispensary District Physicians
No. 5. North End	North Bennet Street Industrial School 39 North Bennet St.	Mrs. F. S. Clark	Supported by Arlington Street Church MISS MARIE J. BOYLE	Boston Dispensary District Physicians
No. 6. West End	Frances E. Willard Settlement 46 Chambers St.	Mrs. H. Ehrlich	Miss Anna J. Quinn	Boston Dispensary District Physicians
No. 7. South Cove	Boston Dispensary Ash St.	Mrs. W. A. Haves	The Sarah S. Upham Nurse MISS MARY I. NUGENT	Boston Dispensary District Physicians
No. 8. South Boston	C. A. Curtis 373 Broadway	Mrs. Mary P. Rice	The Bertha J. Raemisch Nurse MISS FRANCES C. RIORDAN	Boston Dispensary District Physicians
No. 10. South Boston	C. A. Curtis 373 Broadway	MRS. W. A. DONALD	MISS ANNE M. DEVANNY	Boston Dispensary District Physicians
No. 12. Central	Boston Dispensary Ash St.	MISS G. S. CARY	The Helen E. Cary Nurse MISS MARY MCAVOY	Boston Dispensary District Physicians
No. 13. South End	South Bay Union 640 Harrison Av.	MISS E. P. CORDNER	RESIDENT NURSES	Boston Dispensary District Physicians
No. 14. Roxbury	R. Favour, Jr.			
No. 15. Roxbury	2121 Washington St. A. A. Burnham 459 Dudley St.	Mrs. John Ritchie	MISS ALICE A. EDDY	Boston Dispensary District Physicians
No. 16. Roxbury	H. J. Joyce 1145 Columbus Av.	MISS ALICE E. PARKER	The Theresa H. Blake Nurse MISS MARGARET M. MALONE	Boston Dispensary District Physicians
In all districts Extra work			MISS KATHERINE H. GILDAY TWO MASSACHUSETTS GENERAL HOSPITAL ASSISTANTS	
Maternity Work			Supported by a Member of King's Chapel	
South Boston	South End Branch Boston Lying-in Hospital 174 Harrison Av.	MISS FANNIE BARTLETT	MISS MARGARET A. KELLEY BOSTON LYING-IN HOSPITAL ASSISTANT	Boston Lying-in Hospital Outpatient Physicians
South Cove, Central,	South End Branch	MISS ELLEN HALE	Miss Ednah J. Stearns	Boston Lying-in
South End, and Roxbury	Boston Lying-in Hospital 174 Harrison Av.		Boston Lying-in Hospital Assistant	Hospital Outpatient Physicians
North End	Boston Lying-in Hospital 24 McLean St.	Mrs. E. P. Motley	The Rebecca A. Greene Nurse MISS AGNES B. DEVANNY Supported by Arlington Street Church MISS CORA E. P. ELLIS	Boston Lying-in Hospital Outpatient Physicians
West End	Boston Lying-in Hospital 24 McLean St.	Miss Fannie Bartlett	MISS MARGARET M. COLEMAN MISS KATHRYN F. MURNANE MISS MARY E. ROWAN	Boston Lying-in Hospital Outpatient Physicians
East Boston	F. A. Woodbury 108 Sumner St.	MISS A. S. WARD	Mrs. Anna M. Henderson	Private Physicians and Mt. Sinai Hospital Physicians
Maternity and General Work Dorchester	R. H. Billings 1439 Dorchester Av. Field's Corner	MISS M. L. HALL	Supported by Dorchester MISS MARY MURRAY, HEAD NURSE RESIDENT NURSES	Private Physicians and Dorchester Free Dispensary Physicians
Jamaica Plain	C. B. Rogers & Co. Cor. Burroughs and Centre Sts.	MISS E. G. DENNY	MISS WINNIFRED RIDLEY, HEAD NURSE RESIDENT NURSES	Private Physicians and Jamaica Plain Dis- pensary Physicians
East Boston, North	561 Massachusetts Av.	MISS E. P. CORDNER	RESIDENT NURSES	Private Physicians,
End, West End, South Cove, Central South End, South Boston, Roxbury, Charlestown	,			Roxbury Homeopathic Dispensary, Tremont Dispensary, Mt. Sinai Hospital Outpatient Physicians
East Boston, North End, West End, South Cove, Central, South End, South Boston, Roxbury,	561 Massachusetts Av.	MISS E. G. DENNY	Supported by Metropolitan Life Insurance Co. MISS MAE CHAPIN, HEAD NURSE MISS CATHERINE H. DALY MISS CATHERINE FLYNN	Private and Dispensary Physicians
Charlestown, Dor- chester, Jamaica			MISS ANNIE GILLIS MISS KATHERINE A. HART	
Plain, West Roxbury			RESIDENT NURSES EXTRA NURSES	
Contagious Work Throughout city	561 Massachusetts Av.	Mrs. E. A. Codman	Supported by the Boston Board of Health MISS FANNIE M. HOWE	Boston Board of Health
			MISS MARGARET J. BETTS MISS M. AGNES SWEENEY MISS MAE T. BARRY MISS MARY F. PATTEN	Physicians
Suspect Contagious Work	561 Massachusetts Av.	Mrs. E. A. Codman	EXTRA NURSE, WHEN NEEDED	Boston Dispensary District Physicians Boston Lying-in Hospital Outpatient Physicians Private Physicians
Day Nursery and Kindergarten Work in North Bennet St. Industrial School, Cottage Place Nursery, Social Service Club	,	MISS ELLEN BULLARD	Supported by Mrs. Quincy A. Shaw MISS HANNAH L. QUIGLEY	Physicians called when necessary
Factory Work	Factory	MISS MARY MINOT MRS. O. NORCROSS, JR.	Supported by Factory Miss Florence Macdougall Part time	Private and Dispensary Physicians



VOLUNTEERS

Winter of 1910-11

MRS. STEPHEN B. AMES	Mrs. Robert B. Osgood
MISS MARJORIE APPLETON	MISS MARY DEAN PIERCE
Mrs. Alfred Bowditch	Miss Margaret S. Payson
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MISS EDITH FITZ	Mrs. Alvah K. Todd
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ATTENDING PHYSICIANS TO THE TRAINING SCHOOL

DR. BETH VINCENT

DR. SAMUEL ROBINSON

Dr. John B. Hawes, 2D

DISTRICT NURSING HOUSE AND OFFICE

No. 561 Massachusetts Avenue Telephone, Tremont 44 and 45

Staff Superintendent

MISS MARTHA H. STARK

At office between 8.30 and 9.00 A.M. 2.00 and 3.00 P.M.

Assistant Staff Superintendent
MISS MAUD H. J. HARWOOD

MISS MINNIE H. P. BRIDGES
At office after 3.00 P.M.

Assistant Superintendent of House and Training School MRS. JESSIE M. SMITH

Advisory Member to the Training School
MISS CHARLOTTE MACLEOD

Office Agent
MISS L. J. PAYSON

Assistant Office Agent
MISS A. H. PAYSON

Registrar
MISS ALMIRA S. PETERSON

GENERAL INFORMATION

Applications for nurses received at District Nursing House,

561 Massachusetts Avenue

Telephone Tremont 44 and 45

- 1. The Association provides trained nurses, whose duty is to visit sick persons deprived of proper care; to care for them at their homes; and to instruct the families they visit in the simpler rules of nursing and hygiene.
- 2. A nurse is furnished without charge to those unable to pay for her services, but patients in better circumstances are expected to pay from ten cents a visit (which covers street car fares) upward to forty-five cents, which covers the cost of the nurse's time to the Association.
- 3. The nurse responds to every new call, but she is not allowed to continue with a case unless a physician is in attendance.
- 4. Maternity cases will be attended after confinement. Nurses cannot be sent to cases of labor.
- 5. The nurses' hours for visiting are between 8.30 A.M. and 5.30 P.M. Only critical cases are visited on Sundays and holidays.
- 6. Special nurses for constant day or night service are furnished when the doctor considers it inadvisable to send the patient to a hospital; when the case is not chronic; when the case will not require more than three days' continuous nursing. The services of these nurses shall be paid for whenever possible.
- 7. Calls at night must be made by physicians for cases of emergency only.
- 8. All cases requiring help other than nursing care in the home are reported to other sources of aid.



Three expectant mothers who live in the same tenement house have come together for prenatal instruction by the nurse.



ANNUAL REPORT

THE work of the Association in the past year has undergone no particular change, but has steadily continued along lines already opened. At the last annual meeting, steps in one or two new directions were reported, and, after following them for another year, we feel that we have tested and proved their success.

The experiment tried in connection with contagious diseases, which was one of these steps, has shown this community another field for the work of district nurses. At the end of last year and the beginning of this, with the hearty approval of the Board of Health, two of our nurses were detailed to work over cases of scarlet fever and diphtheria for the Board of Health, the Boston Dispensary, and the Lying-in Hospital. They proved themselves of great value in following up these cases and seeing that the instructions given by the inspector from the Board of Health were faithfully carried out. In very poor and ignorant families, directions for isolation are easily misunderstood or neglected, and the work of the nurses showed how much could be done for the protection of a neighborhood by such persistent supervision and instruction as they could give. As a result of the two months' experiment, an appropriation was made by the city in order that the Board of Health might employ nurses to carry on this work, and the two who had begun it for us were appointed. Four nurses are now regularly employed by the Board of Health, and a fifth when necessary. They are, of course, directly responsible to the Board of Health, but they work under our partial supervision and according to our rules and methods. Their visits are preëminently for instruction and inspection, not for nursing, and when the latter has been imperative in contagious cases which could not be removed to a hospital, we have been called on occasionally by the Board of Health, and sometimes by the Metropolitan Life Insurance Company, to provide a special nurse to give the patients skilled care in their own homes. Until a diagnosis of contagious disease is determined, cases are not reported

to the Board of Health; yet much can be done in the first days to prevent the spread of these diseases, and we feel strongly the importance of a district nurse's care and instruction for the "suspect" cases. We are very grateful to the friends who have enabled us to work for a time along this line.

The work for the Metropolitan Life Insurance Company continues as last year with satisfactory results. This nursing of their industrial policyholders, which is paid for in every detail by the company, has broadened our usefulness and has enabled us to come in closer touch with a class in the community whom we have been anxious to reach more widely than we have done heretofore—those self-supporting working people who are not obliged to ask for free medical care, and who would not therefore be reached by nursing done for doctors of the Boston Dispensary.

The civilized world feels more and more strongly the importance and justice of insuring a fair start in life to each child born, and instruction given to mothers before the baby's birth, and care and continued teaching afterwards, all lead in the right direction. The maternity work of the Association was begun in 1900, under the outpatient physicians of the Boston Lying-in Hospital. From the beginning the importance was seen of teaching the mother how to prepare in every way for the child's coming, and in 1901 prenatal work was added to the nursing of delivered cases. At first only those women were visited, before the baby's birth, for whom instruction and care seemed most necessary; but the work has steadily developed, except when hampered by lack of funds, and the Association now aims to have every maternity case visited at least three times before the arrival of the child. Of course this is not always possible, as sometimes we are not called in until the time of the baby's birth. We have now eight or more regular maternity nurses who work under the doctors of the Lying-in Hospital, and one supported by a special fund who works in East Boston under private physicians and the outpatient doctors of the Mt. Sinai Hospital, besides the resident nurses in our Training School, who do maternity work in all parts of the city. One thousand eight hundred and thirtyfour pregnant women were visited in the past year by these nurses, who made 4,054 prenatal visits. We believe that this maternity work is tending to reduce the number of midwives employed throughout the city, that the skilled nursing and the instructions as to the proper care of children are decreasing infant mortality, and that chances of blindness are lessened by the careful attention which the nurses have always given to the babies' eyes.

Last summer the Floating Hospital, in its work for sick babies, undertook to supply them with breast milk, and employed one of our nurses to collect this milk, which she did twice daily.

Care of tuberculous patients throughout the city has in the last years been taken over almost entirely by other organizations, and we have no longer any special work in this field, except for the patients suffering with tuberculosis of the bone. Our nurses, however, are often called in to suspect cases and to patients really ill with pulmonary tuberculosis, as to cases of any other illness. They do all that is possible in these first visits to make them comfortable, but turn them over, after the diagnosis is determined, to the Municipal Dispensary for permanent care.

Our regular work for the doctors of the Boston Dispensary has continued in its old lines, except for the withdrawal of the nurse who worked in the tuberculosis clinic at the Dispensary; and there have been no changes in the factory work or in that in the day nurseries and Hawthorne Club.

Miss Bridges became superintendent of the Training School last May, after a month spent for us in studying the nursing associations of Cleveland and New York, and the public and private charities of Boston. Thirty nurses have graduated from the school during the year, and it is a satisfaction to find that most of them have gone into some field of district nursing. The district nursing in Jamaica Plain, Dorchester, and Charlestown is now done entirely by the resident nurses—as pupils of the school are called—under the supervision of head nurses, who are all graduates of our course in district nursing. They also work for the doctors of the Boston Dispensary in three districts, and do general work all over the city, responding to calls from any reliable physician. Some of their patients pay a small sum for the nurses' services—221 among them have been able to pay from twenty-five cents an hour to forty-five cents an hour, which is our highest charge. Here again we are trying to reach the people who would be unwilling to accept free nursing, but to whom it would be too heavy a tax to pay for the constant presence of a trained nurse during illness.

It has been thought well for the staff nurses this winter to attend weekly the conferences of the Associated Charities in their respective districts, in the hope that the half hour or more thus spent away from nursing will be justified by its mutual helpfulness, the nurses learning the history of their patients and the plans already made for their benefit, and the Associated Charities being kept informed of conditions in the families as the nurse finds them.

Our head workers and four nurses were sent last winter by the Association to a course of eight lectures and conferences kindly arranged for nurses by the School for Social Workers. It is felt that the time was well spent in gaining knowledge of social conditions and of methods of work, and in the opportunities it gave our nurses for helpful intercourse with those of other organizations. A similar course is to be given this winter, to which we are again sending a number of our nurses.

Again we have cause to feel much gratitude for the generosity and helpfulness which have been shown the Association in all branches of its work. King's Chapel and Arlington Street Church have continued their generous support of two nurses each, and other nurses have been supported by individuals, several of them in memory of friends. A fund has been given this year in memory of Miss Bertha J. Raemisch, who was herself a trained nurse. The Association is very grateful for such support, which shows that the work of district nursing is looked upon with continued confidence and sympathy.

Professionally we have met with much kindness, and we are deeply indebted to the long list of physicians and social workers who have generously given their time for lectures to the nurses of the Staff and of the Training School. Calls for special nurses made through the Directory for Nurses, the Nurses' Club, and Nurses' Homes have met with a prompt response, and the nurses have sometimes given their services and sometimes served at a reduced fee. We have found the usual kindly spirit of coöperation in hospitals and dispensaries, in convalescent homes, Country Week, and the farm recently established by the Fathers and Mothers Club, and in the various organizations and charitable societies which aim to improve social conditions.

The kindness of friends has made it possible for us to call



Suspect tuberculosis mother. Open-air treatment on roof of tenement. Baby has been put on modified mixture.



more freely on the services of charwomen in the districts, and of late to employ a cook to prepare food in the homes of patients—a great gain, as the nurse need not spend her valuable time over work which can be equally well done by a person without her training.

The Frances Willard Settlement House, the North Bennet Street Industrial School, and the Roxbury Charitable Society have continued to give us room for loan and supply closets, as Mr. Frank E. Woodbury has done in East Boston; and the druggists in whose stores we have had call stations have shown, as in the past, great courtesy and helpfulness. We have been able to provide proper nourishment for the sick through the Diet Kitchens, and through the kindness of Mr. J. Henry Stevenson in turning over for this purpose the balance of the fund raised for the East Boston Old Home Week. Gifts from the Young Women's Christian Association, the Boston Fruit and Flower Mission, and the State Flower Mission have brightened the days of many of our patients, and the Young Men's Christian Union provided many outings with their tickets for cars, carriages, and boats, and gave much pleasure to the district children at their Christmas tree. Happiness was brought at Christmas time to many children, whose names were presented by our nurses, by the large red stockings which more prosperous boys and girls had filled with toys and useful gifts. Nurses gave extra time to distribute the stockings, and automobiles lent by friends made the work easier. The distribution of flowers and delicacies at Easter and Thanksgiving was also facilitated in this way. Sewing circles have stocked loan closets and many firms have given discounts on bills for supplies of various kinds. Volunteers have been very helpful both in making supplies and in taking children to hospitals and vacation homes. Again money for sick and tired nurses and for special nurses has been given us from the Mrs. Arthur T. Lyman Fund. The Association wishes to express its deeply felt thanks to those who have befriended it in these many ways, and to tell them how much their helpfulness and sympathy have encouraged it in its work.

We have employed forty-seven nurses this year, who have made 112,018 visits to 10,252 patients, and we have spent \$43,916.28. Figures which describe the extent of the Association's

work in this its twenty-fifth year are perhaps specially interesting when we look back to the two nurses—working under the doctors of the Boston Dispensary—the 707 cases, and the 7,128 visits which are reported for the first year of its existence. This start in district nursing was made in Boston in 1886, through the devoted efforts of Miss Phebe G. Adam and Miss Abbie C. Howes, chairman and secretary respectively of a committee formed by the Woman's Education Association to organize such work. In 1888 the Instructive District Nursing Association was incorporated. Each year brings a clearer realization of the importance of nursing the sick poor in their own homes, and shows how great is the opportunity of the district nurse to teach those hampered by poverty and ignorance, not only how to care for their sick, but how to bring about conditions of cleanliness and hygiene, without which we can hardly hope to produce good citizens. We can only trust that in the future, as in the past, a generous public will enable this Association to carry on its work and to constantly enlarge its usefulness.

GERTRUDE W. PEABODY, Secretary.

At the monthly meeting of the Board of Managers of the Instructive District Nursing Association held on March 1, 1911, a memorial upon the death of Mrs. Clara Endicott Debuchy was read and ordered to be spread upon the records; and it was then Resolved, That this Board, in behalf of the Association, express to the members of the family of Mrs. Clara Endicott Debuchy its sincere sympathy with them in their great sorrow, and that a copy hereof and of the memorial be sent to them.

IN MEMORY OF MRS. CLARA ENDICOTT DEBUCHY

For twenty-three years Mrs. Debuchy has given a large share of her time and best thought to the Instructive District Nursing Association. Her unfailing sweetness of disposition and carefully weighed judgment have done much towards helping forward the constant growth of this Association; and in her death we feel we have lost from among us one with whom we loved to work and whose quiet straightforwardness strengthened us in many a perplexing moment.

For the Board of Managers,

MARY MINOT.

STATISTICS

Number of patients brought forward February 1, 1910	522
Number of new patients	9,730
Number of visits	112,018
Number of hours in clinics, nurseries, dispensaries, etc	3,573 1/2
Number of nights (special)	303
Number of days (special)	152
Number of patients for Boston Dispensary	3,905
Number of visits for Boston Dispensary	41,236
Number of days and nights (special)	81/2
Number of patients for Boston Lying-in Hospital	2,071
Number of visits for Boston Lying-in Hospital	24,693
Number of days and nights (special)	20
Number of patients for Metropolitan Life Insurance Co	1,559
Number of visits for Metropolitan Life Insurance Co	21,486
Number of special days and nights	4031/2
Number of patients for private physicians	1,120
Number of visits for private physicians	11,600
Number of days and nights (special)	23
Number of patients from other sources	1,597
Number of visits from other sources	13,003
Disposition	
Number of patients discharged well or improved	7,024
Number of patients discharged to outpatient departments	402
Number of patients discharged to hospitals	675
Number of patients discharged by death	336
Number of patients discharged for other causes	1,302
Number of patients under care February 1, 1911	513
Number of adults	6,991
Number of children	2,7 39
BOARD OF HEALTH NURSES	
Number of cases investigated	4,474
Number of visits	7,415
3	

BOSTON FLOATING HOSPITAL NURSE

Number of women interviewed							
NATIONALITIES 1,415							
American born 3,291 Arabian 1 Armenian 6 Austrian 120 Canadian 237 Colored 185 Chinese 3 Danish 6 English 180 Finn 3 French 50 German 135 Greek 20 Hungarian 9 Italian 1,100	Polish 140 Portuguese 30 Prussian 2 Roumanian 8 Russian 1,582 Scotch 81 Spanish 4 Slav 2 Swedish 63 Syrian 95 Swiss 2 Turk 1 Welsh 3 Unknown 116						
Italian	m . 1						
Burns	Sprains						
	CTIVE SYSTEM, OBSTETRICAL AND COLOGICAL						
Abortion	and Parturition 28 Unclassified Gynecological						
CONSTITUTIONAL DISEASES							
	Rheumatism 428 Rickets 4						
DEVELOPMENTAL AFFECTIONS							
T C	3 Senile Debility 56						

DISEASES OF DIGESTIVE SYSTEM Appendicitis . . . Enteritis 39 54 Cholera Infantum . . Gallstones 7 15 Cirrhosis of Liver Gastric Ulcers . . . 6 3 Gastritis Other Diseases of Liver. 60 5 Hernia Colitis 12 4 Constipation . 36 Indigestion . 56 Diabetes . Intestinal Obstruction. 23 I Malnutrition Diarrhœa 79 56 Peritonitis Dysentery . . ΙI 24 Stomatitis Dyspepsia . . . 72 10 DISEASES OF EYE Conjunctivitis Ophthalmia Neonatorum . . 25 I Defective Vision 31 DISEASES OF HEART AND CIRCULATORY SYSTEM Phlebitis Arterio-Sclerosis . . 5 15 Aneurism . . . Thrombosis 2 I Valvular Disease of Heart . Cerebral Hemorrhage . . . 15 30 Endocarditis Varicose Veins 12 37 Myocarditis Cardiac 2 146 Pericarditis 3 DISEASES OF NERVOUS SYSTEM Apoplexy Meningitis . 7 9 Chorea Neuralgia 19 Convulsions Neurasthenia 7 44 Epilepsy Neuritis 7 10 Paralysis Tetanus 2 126 2 I Locomotor Ataxia . . . Other Diseases of Nervous 4 Lumbago 8 System 28 DISEASES OF RESPIRATORY ORGANS Asthma . . . Lung Abscess 25 5 Bronchitis Peritonsillar Abscess . . . 498 20 Cold Pharyngitis 177 2 Croup Pleurisy . . . I 71 Emphysema . Pneumonia 5 547 Empyema . . Tonsilitis . . 7 201 Laryngitis 3 DISEASES OF URINARY SYSTEM Calculus, Renal Nephritis, Chronic I 22 Cystitis Uræmia IO 4 Nephritis, Acute 29

FEBRILE AND ZYMOTIC DISEASES

OPERATIONS Adenoids Removed 14 Tonsils Removed 2 Circumcision 3 Post-operative Cases 9 Curettage 6
Adenoids Removed
Erysipelas
SKIN DISEASES
Dermatitis
Eczema 68 Scabies 16 Impetigo 18 Urticaria 4 Pediculosis 20 4 TUBERCULOUS CONDITIONS Tuberculosis, Pulmonary 403 Tuberculosis of Other Suspected Tuberculosis 69 Organs 24 VENEREAL DISEASES Gonorrhæa 5 Syphilis, Acquired 9 Gonorrhæa Vaginitis 1 Syphilis, Congenital 2 Salpingitis 12 2 MISCELLANEOUS AFFECTIONS Abscess of Breast Adenitis 32 Improper Feeding 22 Adenitis 14 Synovitis 4 Bedsores 1 Teething 13 Chronic Ulcers 167 Vaccination 23 Defective Teeth 35 Undiagnosed 308
Tuberculosis, Pulmonary
Venereal Diseases Gonorrhæa
Gonorrhœa
Gonorrhœa Vaginitis
Abscess of Breast 32 Improper Feeding
Adenitis
Diotable of Ear
Total Number of Diseases

TALKS GIVEN TO THE NURSES

Dr. Edward H. Risley (2). Surgery.

Dr. C. Hunter Dunn (2). Pediatrics.

Dr. H. W. Goodall. General Hygiene and Nursing.

Dr. John B. Hawes, 2d. Tuberculosis.

Dr. David D. Scannell. Antiseptics.

Dr. John B. Hartwell. Emergencies.

Miss Genevieve Senna. Milk and Baby Hygiene Committee Work.

Miss Ayer. Relief Work of Morgan Memorial Chapel.

Miss Tibbet. Social Work in Hospital Wards.

Miss Cannon. Social Work in Outpatient Department.

Miss Woodberry. Bureau for the Confidential Exchange of Information.

Miss Strong. Social Work of the South Bay Union.

Miss Stafford. Lincoln House Settlement.

Mr. C. C. Carstens. Society for the Prevention of Cruelty to Children.



The outside of the homes of some of our patients.



TREASURER'S REPORT

From a financial point of view the past year has been very encouraging, as the following report will show, and it is hoped that this year will be even more successful.

The legacies referred to in the last report have now been received, amounting to \$2,951, together with another legacy of \$500. Two friends of the Association have given \$20,000 for a fund, to be called the Bertha J. Raemisch Memorial Fund, to commemorate one whose life was a noble example of what is finest in a trained nurse, and whose character was distinguished by unselfishness, wisdom, energy, and joyousness. The income from this fund will support a nurse.

The receipts for general purposes were \$41,825.73. The increase over last year is due largely to the work done for the Metropolitan Life Insurance Company, Dorchester Relief Society, and similar organizations. The general expenses were \$43,707.86, or \$1,882.13 more than the receipts. This difference was taken care of by the balance brought over from last year.

The annual payment of the trustees of the Mrs. Arthur T. Lyman Fund to the Association amounted to \$290, and \$341.90 was expended from this fund for special cases and for nurses and a member of the office staff who were off duty on account of sickness or needed an extra vacation.

The Comfort Fund received in donations \$104.32, and small comforts, amounting to \$56.45, were bought for needy patients.

The interest from the investments and bank deposit has increased the amount of the House Fund \$368, so that it now amounts to \$8,522.33.

This Association was founded in 1886, and in order to commemorate its twenty-fifth anniversary an effort is to be made to create a fund of \$100,000, of which the income alone is to be used. It has been suggested that memorial funds of \$5,000, \$10,000, and \$20,000 be given, perhaps by groups of friends, in memory of those who have been connected with the Association or interested in the sort of work done by the nurses.

Ten thousand dollars provides for a nurse in the training school and \$20,000 for a regular nurse. Already \$3,500 has been promised towards a memorial fund, and \$10,000 more when \$60,000 shall have been raised.

Will not those interested in the work of the Association help to raise this fund of \$100,000, so that the work may be placed on a more permanent financial basis?

INVESTMENTS

JANUARY 31, 1911

Permanent Funds

Deposit Franklin Savings Bank	. \$ 182.23
\$10,000 Amer. Tel. & Tel. Co. Bonds, 4%	. 9,726.78
1,000 Chi. Jct. Rys. & U. Stk. Yds. Co. Bonds, 5%	. 991.25
6,000 Illinois Steel Co. Bonds, 1913, 5%.	. 6,040.25
5,000 Pacific Tel. & Tel. Co. Bonds, 5%.	. 4,987.50
3,000 Seattle Electric Co. Bonds, "Everett," 5%	. 2,940.00
10,000 Western Electric Co. Bonds, 5%	. 9,900.00
10,000 Mass. Electric Cos. Notes, $4\frac{1}{2}\%$	9,800.00
10,000 Western Tel. & Tel. Co. Notes, 5% .	. 9,965.28
3,000 Elizabeth D. Bacall, Mortgage, 4½% .	. 3,000.00
48 shares Chi. & Northwestern R. R	. 7,671.81
50 shares The Pullman Co	. 8,306.25
50 shares Amer. Tel. & Tel. Co	. 7,006.25
Cash	. 806.90

General Funds	
\$8,000 Amer. Tel. & Tel. Co. Bonds, 4\%	. \$7,853.22
1,000 Illinois Steel Co. Bonds, 1913, 5%	. 952.25
2,000 N. Y. Cent. & Hud. River R. R. Bonds, 3½%	. 1,960.00
5,000 Seattle Electric Co. Bonds, 5%	. 5,000.00
Cash	. 6.78
	15,772.25
House Fund	
\$2,000 Chicago Telephone Co. Bonds, 5%.	. \$2,075.00
2,000 Seattle Electric Co. Bonds, "Everett," 5%	. 1,970.00
2,000 Cal. & Hecla Mining Co. Notes, 5%.	. 2,045.00
Cash in Old Colony Trust Co	. 2,432.33
	8,522.33
	\$105,619.08
The following special bequests are included in the Permanent Funds, viz.:	e
Sarah S. Upham Fund	. \$24,000.00
Robert Charles Billings Fund	. 2,500.00
Abbie C. Howes Fund	. 10,000.00
Bertha J. Raemisch Memorial Fund	. 20,000.00

STATEMENT OF RECEIPTS AND EXPENDITURES FOR THE YEAR ENDING JANUARY 31, 1911

CAPITAL

Permanent Funds

\$10,000 Chi., Burl. & Quincy R. R. Bonds, sold.		\$9,950.00
Received from Estate of Henry A. Johnson	•	500.00
Received from Estate of Maria M. McClure		951.00 .
Received from Estate of Adelaide Standish	•	2,000.00
Received for the Bertha J. Raemisch Memorial Fund		20,000.00
		\$33,401.00
Balance from last account	•	112.02
		\$33,513.02
House Fund		
Received interest on Bonds		\$300.00
Received interest on Bank Deposit		68.00
Balance from last account	•	\$368.00
		\$2,432.33

STATEMENT OF RECEIPTS AND EXPENDITURES

FOR THE YEAR ENDING JANUARY 31, 1911

CAPITAL

Permanent Funds

Paid for \$10,000 Western Tel. & Tel. Co. Bonds,	5%		•	. \$9,900.00
Paid for \$2,000 Illinois Steel Co. Bonds, 5%.	•			. 2,000.00
Paid for \$3,000 Seattle Electric Co. Bonds, "Eve	rett,"	5%	•	. 2,940.00
Paid for 17 Shares Chi. & Northwestern R. R.	•	•	•	. 2,553.62
Paid for 50 Shares The Pullman Co	•	•	•	. 8,306.25
Paid for 50 Shares American Tel. & Tel. Co		•	•	. 7,006.25
Cash in Old Boston National Bank	•	•	•	. 806.90
				\$33,513.02
House Fund				
Cash in Old Colony Trust Co		•	•	. \$2,432.33
			•	

\$2,432.33

STATEMENT OF RECEIPTS AND EXPENDITURES

FOR THE YEAR ENDING JANUARY 31, 1911

Income			
Received as follows:			
Dividends on Stocks	\$ 394.00		
Interest on Bonds	2,991.11		
Interest on Mortgage	135.00		
Interest on Bank Deposit	135.71	\$3,655.82	
Donations	\$18,893.79		•
Annual Subscriptions	3,210.00		
Sundry Items	89.39		
Care of Patients	15,976.73	38,169.91	
This latter amount is made up as follows:		30,109.91	
Rec'd from Metropolitan Life Ins. Co	\$10,925.88		
Rec'd from Dorchester Relief Society.	1,250.00		
Rec'd from Boston Dispensary	873.13		
Rec'd from Board of Health, Boston .	314.22		
Rec'd from Boston Society for Relief			
and Control of Tuberculosis	458.56		
Rec'd from Walter M. Lowney Co	300.00		
Rec'd from Floating Hospital	259.67		
Collected by Nurses	1,595.27		
	\$15,976.73		
Balance from last account		3,764.99	\$45 500 72
Mrs. Arthur T. Lyman Fund:			* 45,590.72
Rec'd for above Fund		\$ 290.00	
Balance from last account		355.62	
Comfort Fund:			645.62
Rec'd for above Fund		\$ 104.32	
Balance from last account		131.59	
		-32.39	235.91
			\$46,472.25
February 1, 1911, Balance of Cash to New A	Account in		
Old Deates Netter 1 D 1		\$2,242.32	
Balance of Cash to New Account in hands of		123.72	
			\$2,366.04

STATEMENT OF RECEIPTS AND EXPENDITURES

FOR THE YEAR ENDING JANUARY 31, 1911

Income

Paid Salary to Superintendent of Nurses . \$1 Paid Salary to Superintendent of Training	,200.00		
School	008.21		
Paid Salaries to Regular Nurses	_		
Paid Salaries to Special Nurses			
Talu balaries to opecial rediscs		\$27,972.36	
Paid Incidental Expenses of Superintendents		#-1171-J-	
and Nurses, including car fares		4 202 74	
Paid Incidental Expenses of Nurses		4,302.74	
from Boston Lying-in Hospital \$	211.05		
• -	_		
from Massachusetts General Hospital.	305.94	676.99	
Dil C. Mar Author T. Lawrence E. al		070.99	
Paid from Mrs. Arthur T. Lyman Fund	.0		
for care of Special Cases \$	_		
for care of Sick Nurses	221.32		
Poid Salaries of Agent and her Assistants	···	341.90	
Paid Salaries of Agent and her Assistants .	•	1,599.80	\$34,893.85
D. J. H Emparasa No. 461 Magazah-satta A.			#34,093.03
Paid House Expenses, No. 561 Massachusetts Av		db =====(
Rent			
Household Supplies			
Running Expenses	•	4,136.92	# aab aa
			5,326.99
Paid for Supplies for Nurses		\$1,912.96	
Paid for Annual Report and Postage		364.06	
Paid for Stationery, Printing, and Postage .		327.91	
Paid for Telephone		184.73	
Paid for Card System and Supplies. Library But	reau .	277.27	
Paid for Rent of Room, No. 25 W. 2d St., So. H	Boston,	53.00	
Paid for Sundry Items		575.51	
			3,695.44
	•		\$43,916.28
Paid from Comfort Fund	4		
Paid 1/1 days' Int. on \$10,000 Western Elec-	•		56.45
		# 12.26	
tric Co. Bonds, bought, 5%		\$ 43.06	
Paid 1/27 days' Int. on \$3,000 Seattle Elec-			
tric Co. "Everett" Bonds, bought, 5%.		23 75	
Amounts carried forward,		\$ 66.81	\$43,972.73

Amounts brought forward, Paid 5/27 days' Int. on \$2,000 Illinois Steel Co. Bonds, bought, 5% \$ 49.17	66.81 \$43,972.73
Paid Premium on \$2,000 Illinois Steel Co.	
Bonds, bought	66.67
Balance of Cash in Old Boston National Bank	133.48
belonging to Income	776.89
belonging to Mrs. A. T. Lyman Fund	303.72
belonging to Comfort Fund	161.71
Balance of Cash in hands of Agent	2,242.32
belonging to Income	105.97
belonging to Comfort Fund	17.75
	123.72
	\$46,472.25

INGERSOLL BOWDITCH, Treasurer.

AUDITOR'S CERTIFICATE

28 State Street, Boston, February 17, 1911.

INGERSOLL BOWDITCH, Esq., Treasurer.

DEAR SIR: In accordance with your desire I have made an examination of your books and accounting affairs as Treasurer of The Instructive District Nursing Association for the year ending January 31, 1911, and have the honor to report to you as follows:

REPORT

The audit comprised the thorough revision of the clerical work performed, such as the verification of additions, postings, etc., of the books which deal with the income and outgo of moneys. All vouchers of disbursements were examined, checked, and stamped, and were found to completely sustain the record of expenditures. I proved the correctness of the amount of money on deposit in banks February 1, 1911, which was that required by the cash book. I reviewed all postings from the cash book to the journal and from the journal to the ledger, and finally traced all results into the closing balance sheet, which is correct and a true statement of the conditions of the Association at that time, to the best of my knowledge and belief. I examined also the securities owned by the Association, finding them in all details in accordance with the requirements of the records, and have seen that the income from these has been properly accounted for upon the books. The books are being kept in a commendable manner.

Yours very respectfully,

ANDREW STEWART, Certified Public Accountant.



Suspect tuberculosis patient, found nursing child and pregnant at same time. Child put on modified mixture (to prevent possible contagion of tuberculosis) and prenatal instruction given.



REPORT OF THE SUPPLY COMMITTEE

THE Supply Committee gratefully acknowledges to the following contributors the generous gifts of articles for the sickroom: sheets, pillowcases, old cotton and linen, paper bags, paper napkins, new and partly worn clothing, infants' clothing, boot orders, baby carriages, cabinet chairs, couch chair; flowers, lemonade, ice cream and cakes for the nurses; toys, groceries, flowers, fruit, jellies, eggs, Thanksgiving and Christmas baskets for the patients; tickets for car, carriage, and harbor rides; subscriptions to magazines and daily papers, books, piano and stool, pictures, plants, flowers, etc., for the House.

The closets in the different districts are well filled with the necessary nursing supplies, and, thanks to the generosity of kind friends, many comforts for the sick room have been received and are greatly appreciated by both nurses and patients.

The crying need for old cotton and linen is ever present, for quantities are used every day and it is most difficult to supply the demand. Sheets, blankets, pillowcases, nightgowns, and baby clothes are always welcome. The Comfort Fund provides nourishment, fruit, and such simple delicacies as the destitute cannot procure, and contributions to it will be most gratefully received.

Respectfully submitted,

GEORGINA S. CARY, Chairman.

Adam, Miss Helen
Allen, Miss Paulina
Amory, Mrs. Harcourt
Austin, The Misses
Baker, Mrs. A. P.
Barney, Mrs. J. D.
Bartlett, Miss Fannie
Bartlett, Miss Mary
Baylies, Mrs. Walter C.

Benevolent Society, Church of the Disciples
Blake, Mrs. Francis
Blake, Mrs. S. Parkman
Boardman, Miss
Bossett, Sarah J.
Boston Association for Relief and Control of Tuberculosis
Brooks, Mrs. Shepherd

Boston Young Men's Christian Union Burrill, Mrs. Cary, Miss G. S. Cecilian Sewing Circle Channing Circle, Arlington Street Church Chase, Mrs. Theodore Churchill, Miss Clark, Mrs. Frederic S. Clark, Mrs. N. G. Coburn, Miss M. A. Coburn, Mrs. Charles F. Codman, Mrs. E. A. Colgate & Co. Coolidge, Mrs. Francis Lowell Cordner, Miss Cruft, Mrs. F. L. Davis, Mrs. S. Denny, Miss Emily Dexter, Miss Mary Donald, Mrs. William A. Dresel, Miss Louisa Edes, Mrs. H. H. Ehrlich, Mrs. Henry Emerson, Mrs. E. W. Emmons, Mrs. Endicott, Mrs. A. L. Endicott, Mrs. William Fallon, Miss Jeannette Field, Father Fish, Mrs. F. P. Fogarty, Mary J. Fox, Mrs. G. W. Friends (twenty-two) Fruit and Flower Mission Gardner, Miss Mary J. Gay, Mrs. W. O. Gaylord, A. H. Guild, Mrs. Benjamin F. Hale, Mrs. Edward Hale, Miss Ellen Hall, Miss Mary

Harwood, Mrs. J. H. Hayes, Mrs. William Allen Hazeltine, Miss Hill, Mrs. A. S. Holdreth, Miss Helen Homans, Mrs. J. Hopkins, Miss Dorothy Hough, Miss Howe, Mrs. J. S. Howes, Miss E. M. Hubbard, Mrs. James M. Hudson, Miss A. B. Huntington, Mrs. S. L. Jackson, Miss A. L. King's Chapel Employment Society Lawrence, Mrs. F. W. Lawrence, Miss Lend-a-Hand Club, Needham Lewis, Miss M. A. Lothrop, Mrs. T. K. Lyman, Miss A. Mann, Miss M. J. Mann, Mrs. Marsh, Mrs. Metcalf, Mrs. Minot, Miss Mary Monks, Mrs. F. H. Morison, Mrs. J. H. Motley, Mrs. E. Preble Mumford, Mrs. George F. Mumford, Mrs. James G. Newhall, Mrs. Nichols, Mrs. A. H. Nichols, Miss M. L. Norcross, Mrs. Otis, Jr. Norcross, Mrs. Otis, Sr. North, Mrs. F. Osgood, Mrs. R. B. Parsons, Miss Mary H. Payson, Mrs. G. R. Payson, Mrs. John F. Peabody, Mrs. Francis G. Peterson, Miss A. S.



These premature twins needed extra nursing, being oiled daily and requiring special wadded jackets. Family poor but not needing aid.



Plympton, Miss Mary Porter, Mrs. C. A. Potter, Miss Powers, Mrs. H. P. Ranney, Miss Reed, Mrs. Arthur Rhodes, Mrs. Ritchie, Mrs. John Robins, Mrs. S. P. B. Rodman, Miss Saywood, Mrs. William H. Scudder, Mrs. Horace E. Sharp, Mrs. J. C. Sherman, Mrs. E. C. Sohier, Miss Emily L. Soule, Mrs. A. L. Soule, Miss M. E. Spaulding, Mrs. A. C. Spooner, Mrs. W. H. Stagg, Mrs. Richard State Flower Mission Stevens, Miss H. G. Stevenson, Mrs. Robert H. Stone, Mrs. R. Stoneham, Miss

Sweetzer, Mrs. F. E. The Boston Branch of the Needlework Guild of America The "95" Sewing Circle The Tuesday Morning Sewing Circle Thomas, Mrs. W. C. Titus, Mrs. Charles H. Turner, Mrs. Frederic Walker, Miss E. Ward, Miss Anita S. Whitcomb, Mrs. W. F. White, Mrs. C. T. White, Mrs. H. K. Whitney, Mrs. Ellerton Willard, Mr. A. R. Winthrop, Mrs. T. L. Woman's Benevolent Society of Harvard Street Congregational Church of Dorchester Women's Society of the Temple Israel Wylde, Mrs. John Wyman, Mrs. G.

The following articles have been loaned to patients:

Sheets	Glass syringe	. I
Pillowcases 67		
Nightgowns 59	Drinking tube	. I
Nightshirts 5	Bed rests	. 3
Binders	Crutches (pairs)	. 2
Bed pans 41	Baby carriages	. 2
Urinals	Gocart:	. I
Hot water bags	Cabinet chair	. 2
Ice caps	Couch chair	. I
Rubber rings 28	Wheel chair	. I
Rubber sheets		
Fountain syringes II		
Ear syringes 3		429



STAFF SUPERINTENDENT'S REPORT

It is with a great deal of pleasure that I read my report on this occasion, the twenty-fifth anniversary of the Instructive District Nursing Association and the eleventh year of my connection with it. The past year has been one of great problems and new ventures, but progression has marked our endeavors, made possible by the faithful and untiring assistance of my efficient Assistant Superintendent and Staff Nurses. I appreciate their loyal coöperation, and feel that in dealing with new phases which must come, owing to the broadening along educational lines, their enthusiasm and ability may be fully relied upon.

It is an exceedingly difficult thing to make clear to the public the work of a large staff of visiting nurses. It goes without saying that the more familiar or the more in touch one's hearers are with the complicated detail workings of district work, the more possible it is to convey its meaning to them. Those here today who learn about it from facts and figures I shall have to ask to use their imagination and common sense.

When the District Nursing Association first began its work in 1886, it tilled the soil well, and from this time until 1900 the process of enriching went on, making it possible to have the steady vegetation that has been constantly yielded from 1900 to the present beginning of 1911.

There are now employed by this Association thirty-three staff nurses, four assistant nurses, an assistant superintendent, and a superintendent, performing the work which I shall mention under the various headings. General work comprises the patients cared for by the district physicians of the Boston Dispensary, who visit the sick in their homes and then pass

GENERAL WORK

over the cases to our nurses for the necessary nursing care. In this work we have been devoting especial care and observation to the debilitated patients, as they are termed, "run down." The

physician finds practically very little the matter with the patient, only that all the energies are at a low ebb and there is loss of appetite, probably due in many cases to anemia. The physician orders for the patient plenty of milk, good soup, eggs, in fact, anything nourishing that can be had, and gives instruction to stay out in the air a good deal, especially in the sunshine. This the patient would gladly do. The physician then tells the nurse, "Now here is your mission." The nurse's duty is to open up avenues for the relief of this patient by referring to the agencies that are established to supply special nourishment and by having some one teach a member of the family how to cook it.



Infected food

This is done as far as appropriations for this special work allow by our cooking attendant, who is employed for this purpose. If we succeed in having this class of patient built up, we are using one of the strongest prophylactic measures to create conditions which enable the patient to resist germs, which the healthy body does, thus closing the inroad to incipient tuberculosis, pneumonia, typhoid, or, in fact, the most active germ that happens to be around at that time.

The district physician and the district nurse discover a large percentage of patients who, were their diseases not arrested in the early stages, would become victims of tuberculosis, or some wasting disease; and these patients, as a rule, are only willing to go to a hospital or dispensary for treatment when the symptoms have become most marked.

MATERNITY WORK Prenatal. To explain in detail the amount of good accomplished and the educational basis on which this work is founded would take much more time than

I am allowed. The work could be described under the following headings: the improvement of the social conditions of the patient; the education of the mother for parenthood; the reporting of symptoms and analyses to the physician in charge of the case; the education of the mother in personal hygiene and in infant hygiene; and the preparation of foods to enable the baby to be breast-fed (where the mother is perfectly normal). Where there is a question of specific disease or tuberculosis, the doctor orders otherwise. Breast feeding is then discouraged and the food ordered accordingly; so, although the mother may be a tubercular patient, the child is given a good start from birth for a healthy life. Instruction, also, is given to the mother in regard to taking no medicine from any one but the doctor for colds, indigestion, and symptoms that arise in pregnancy. All of this helps the physician to take preventive means that no complications may arise at birth, such as eclampsia, which is acute Bright's disease peculiar to pregnancy.

> Even before the birth of the baby, in our instructive work the nurse accentuates the attention to be given

to the care of the eyes and also gives hints in regard to the baby's clothing, and in a very crowded bedroom makes the suggestion that a box or basket be got ready for the baby, to say nothing of the utility box for the mother. Also, strong stress is laid on having the room thoroughly cleaned before confinement, and here is where our charwoman service is useful; also the instruction, by practical example, of the cooking attendant. The nurse is limited in her prenatal work to three visits, except where emergencies may demand more.



Save the babies

Delivered Cases. The aftercare involves much time on the part of the nurse, as two patients must be cared for at each visit. In order to do this work correctly, the nurse must be obstetrically trained in all the methods of asepsis that are necessary for both mother and baby, the nurse laying great stress on the mother

having a long rest and the false economy of too early an effort to get up and do the family washing, or to go down in the cellar to get coal; and the husband is instructed along these same lines as to the care of his wife, which will lead to a more permanent recovery. While the nurse has charge of these patients she also comes very much in touch with young children in the families, and here again her influence can be extended where there are cases predisposed to rickets and other ailments. She can assist in arresting disease of which they evince symptoms. She can give good reasons for more bathing of the children, and she can help to break down the tradition, so commonly believed in the districts, that pneumonia or tuberculosis must be the result of too frequent bathing.

We have been able the last few months to continue the work we tried last spring, of having a nurse visit the suspect cases. These cases are not reported to the Board of Health until complete diagnosis is made by the physician in charge. During the two or three days before diagnosis is determined, prompt and effective isolation may prevent much spread of the disease. This means of preventing disease has been of the greatest assistance, not only to doctors in the general district cases, but in the maternity work, where it has proved a great blessing.

The Association's experiment last year of sending two nurses to care for diphtheria and scarlet fever under the Board of Health was approved by that board, and we now assign it five nurses. These nurses do not give nursing care; they are more like inspectors. They visit for the Board of Health cases of scarlet fever, diphtheria, typhoid, poliomyelitis, meningitis, venereal diseases, ophthalmia neonatorum, and, when occasion will allow, cases of measles, mumps, whooping cough, and chicken pox. Disinfection is carried on as deemed necessary by the Board of Health at the disinfection room of the Association's headquarters. When there are cases which need special nursing, such as scarlet fever and whooping cough or whooping cough and mumps com-

CONTAGIOUS WORK



Contagion through the mouth and throat

bined, which no hospital will take, special nurses are assigned to

these patients under the supervision of the Association. All the work is very telling in its results, and will be extended further along preventive lines as soon as it is practicable.

Also, in regard to this Board of Health work, the nurse can plan and enforce sanitary regulations, and can educate, line upon line, the people in regard to the menace of concealed garbage in the tenements and dirty and filthy surroundings. She can also explain why fresh air is necessary, not only for the sick, but in order to keep well. It is also her duty, wherever she can, to encourage them, within the five-cent car fare limit, to live in the country. Very strong arguments are employed to educate the people in regard to the protection and cleanliness of the milk, which is one of the main sources of infection in contagious diseases.

All cases of tuberculosis that we find in the district the nurse and doctor turn over as soon as they can to the Municipal Dispensary; we, however, in these families are on the alert to look out for another member of the family who may be ailing, in order to arrest the disease at an early stage, and we show the importance of nourishing food and of sleeping with the windows open.

The work done this year in this branch has been even more active than last year, and the nurse comes very near the heart of the home. She sees the mothers



Disease through flies

in the morning and has the children during the day, taking them to the Dispensary for disease of the ears, eyes, nose, and throat, and has them treated for other ailments when necessary. What we find we need now is an extra nurse to make evening visits to instruct the mothers in the homes. The nurse is now allowed time off

duty to make up for the evening visits that she must make, but she feels that she could do much more if there were another nurse to assist her, as the mothers are at home at night and much instruction could be given them as to the food and general care of the children.

The whole work of the Hawthorne Club is ideal, and we

know also that the members of that club are thoroughly looked after and extra prevention taken for keeping away disease. All these children are public school children, ranging from eight to fourteen years old, and the district nurse and physician in charge of the children of this club are in the closest coöperation with the public school nurses.

This work this year has increased in its demands, and many problems have come up as the result of having the nurse in coöperation with all the other agencies of the city. For instance, one of the employees requested the nurse to go to see a sister who was ill at home and who was not connected with the factory. By this means the factory nurse was led to call a doctor and district nurse to give her the necessary care. Also, suspect cases of tuberculosis are found where they feel they cannot leave their work for day treatment, but will gladly go at night for examination to Denison House, which is the only provision we have for night examination of tuberculosis patients, there being no outpatient or clinic other than this in the city.

From June until the middle of September we assigned a district nurse to the Floating Hospital Hospital HOSPITAL for the collection of breast milk for sick babies.

The work proved to be most satisfactory and most educational

The work proved to be most satisfactory and most educational to all concerned, and we were able to put it on a very high plane of devotion to the sick babies, as the mothers' milk was in most cases taken from women who were not poor, and was given gladly as a means of saving the babies' lives. The Floating Hospital was rewarded for taking up this work by the nurse's devotion to the arduous task.

This work that was started last year has gone on steadily in its growth. We have been able, in this branch of work, to reach many people for whom company work we have long sought, for very few of these industrial policyholders have required the services of the district physician, most of them having their own private physician. There is a head nurse assigned to this work and five nurses working under her, and many times additional nurses have had to be employed. These cases are treated exactly the same in regard to care as the regular district cases.

COOKING ATTENDANT The district nurse has always opportunities for teaching and improving the cooking in the homes, not only for the sick, but for other members of the

As I have mentioned before, perhaps no condition is so family. pathetic and at the same time so possible to improve among the poor, especially in the debilitated cases and also among the puny, ill-fed children, as poor food and bad cooking in the homes. This work has been in our mind for years, but not until last summer did we have an opportunity to carry out the cherished While it is the district nurse's province to cook, you can see how absolutely out of the question it would be, unless she were specializing one case, to stay and do the cooking in one home; the next best step was—as we did not have funds enough for a dietitian (nor do we just at present need that type of woman)-to employ a cooking attendant, and the plan has been worked out in this way. Where there is a very sick patient, or a number of maternity cases in one section, the nurse assigns to those cases the attendant for cooking. The attendant visits one case, finds out what they have on hand to cook, even if it is

nothing more than potatoes and milk, or oatmeal, or the most meager materials to utilize, which, by proper cooking, can be made nutritious. She

will start in with one family, get things going there, and in succession go to her other three or four in the neighborhood, and then come back to the one she started In this way the making of bread and soups can be supervised most closely in four homes. When the family are without food or fuel the relief associations are applied to. The waste in cooking which so often comes through ignorance is prevented by this supervision. The nurses who have the maternity work have an unusual chance to see a large number of school children started out in the morning with but little nourishment to sustain them,



An unexpected prize

for the most part boiled tea and bread without butter for breakfast. This is a step forward, and is an opening wedge to a much wider field in the home later on.

In order to be clean you must be well-to-do, for it takes a great deal of time and energy, even SERVICE FOR CHARWOMAN under the most favorable circumstances, to be hygienic. Benevolent individuals giving a small appropriation for this branch of work and that of cooking come very near meeting the human needs. In our prenatal work especially is the time to exemplify the importance of scrubbing the floors and washing the paint and really cleaning the home with scrubbing brush and water, also washing the beds and airing the mattresses. All this work is done under the supervision of the She assigns a scrubwoman at so much an hour for the work, and inspects the work before she pays her.

The time of maternity period for the district nurse's visits is twelve days, and then the patient, if perfectly normal, is discharged as well; if not, she is kept on until she is well. But what woman, twelve days after the birth of a child, is able to scrub and clean? So I feel that my question is answered as to whether or not the scrubwoman is needed after the patient is discharged, for practically during the maternity period no sweeping can be done.

The volunteer visitors and supply workers have VOLUNTEER been of inestimable value, and have kept us in full VISITORS supplies, with the exception of a very short period, for the entire year. They have been untiring in their zeal. One branch is assigned wholly to making supplies for all the districts. Also, one volunteer visitor has been assigned to duty in helping the nursery nurse. Another volunteer visitor, who has taken the course in massage, has been of the greatest aid in massaging cases where they would have had to do without this treatment, as massage is a luxury, and the district nurses have so many demands on their strength that this does not come into their work.

In all the work that I have explained I have tried to bring out the ideal district nurse. She certainly is one who must have sound health and a real love of her fellow-creatures; one who takes up the responsibilities of her work with zeal, and enters every home prepared to be in sympathy with and to raise the standard of the conditions of each patient's life. Her influence is practically unbounded. She must be absolutely familiar with the social questions of the day and ready to coöperate with all

branches of nursing for the elevation of humanity; she must possess a large amount of common sense, and possessing it, she will be able to direct to the right channels all charitable problems that come

to her through her patients.

The Hospital Social Service, commonly called Hospital Extension Work, should not be confused with district nursing. In the one case the patient

is able to go to the hospital or dispensary for medical treatment and is afterwards visited by a social worker; whereas in the other the nurse goes into the home of the patient and must give immediate nursing and social aid. In both cases the coöperation with all charities for aid should be so close as to be almost an amalgamation.

I should like to say in closing, that it has been a great privilege to be connected with many of the managers, who have encouraged

and trusted me to study problems, without which support none of these opportunities could have been embraced, as a certain amount of encouragement has to be given to the person who works very near the earth line—the paid charity worker.

It seems to me that there is nothing in the nursing profession which so repays a woman for her work in its abundance of opportunities of service for others, and which at the same time broadens and deepens her own life, as she daily works among the poor and miserable in one of the great cities, as does district nursing.

Respectfully submitted,

MARTHA H. STARK,

Superintendent of Staff Nurses.

REPORT OF THE SUPERINTENDENT OF THE TRAINING SCHOOL

THE last year has seen changes in our district nursing training school; changes, however, which we feel have advanced its efficiency. The course has been extended from three to four months. This includes, besides nursing on the district, one month with the Associated Charities and one month with the Milk and Baby Hygiene.

The work on the districts is under the strict supervision of the Superintendent and her Assistant, the former always making visits for the first two or three days with each new nurse, after which she keeps closely in touch with her work.

The nurses begin their work each morning at eight o'clock, visiting always the most serious cases first, especially if they are bed patients. At one o'clock the nurses return to the House for luncheon, immediately after which they assemble in the sitting room, where the report of the morning's work is heard by the Superintendent, who gives them needed advice in regard to each case, and plans and gives out the work for the afternoon. Any necessary telephoning by the nurses to their respective physicians is done at this time, they reporting on the patients they have visited, and receiving from the doctors any further instructions needed.

At 2.30 the nurses start out again on their round of visits, returning for six o'clock dinner, after which reports are again given of the afternoon's work, records made out, bags put in order ready for the next morning.

In training in this district nursing work, the nurses are not only expected to care for the patient, but also to instruct some member of the family in the care of the patient during her absence. The nurses must also consider the needs and hygienic conditions of the homes they enter, and must get into close touch with the family life, thus being enabled to judge whether the help of other associations is needed. This of necessity means a

thorough knowledge of the various organizations which administer relief and constant coöperation with them.

The resident nurses, as those taking this course are termed, respond to all calls coming from reliable physicians; their work is not only among the very poor, but also among a self-supporting people, who are able and also willing to pay a small fee for the nurse's services.

In the two Boston Dispensary districts which are assigned to the resident nurses, the nurses work with the district physicians, meeting them at an appointed time each morning at their call stations, reporting to them on the cases visited, and receiving instructions in regard to treatment of the new patients or any change of treatment in regard to the patients already on the list. Let me here give an example of our work. The doctor has given the nurse a new case; it is a baby sick with pneumonia. As the nurse enters the house the mother meets her crying and saying her baby is going to die. The nurse makes her way to the bed on which the baby lies. Neighbors have crowded into the small room to console the mother and watch the baby die. At first they object to the nurse doing anything for the baby; they do not want it disturbed; but by using a little tact she finally persuades the mother that baby has a chance if only she will allow her to do what the doctor has ordered. The nurse then explains to the friends that they must not stay in the room, for their being there makes it harder for the baby to get well. She next bathes the baby, rearranges the bed, and carries out the doctor's instructions. The mother is told how to give the medicine and nourishment and to keep the room well ventilated. When leaving for her next case, the nurse assures the mother that she will return again in the afternoon. On this next visit she finds the mother feeling much happier, and invoking blessings on the nurse because she is going to make her baby well. Needless to say that with the careful nursing on the nurse's part and by encouraging and teaching the mother to care for the baby in her absence, the child was restored to health.

As part of our nurses' training, lectures and talks are given in the evenings or late afternoons, through the kindness of various physicians and social workers.

Last May we were able to arrange with the Associated Chari-



Suffering, cancerous patient, visited daily for ten months by nurse. Lives with only daughter, who takes in washing. Referred by nurse to Relief Association.



ties that our nurses should receive one month's instruction from them in social work, while in December we likewise arranged with the Milk and Baby Hygiene that our nurses should have one month's experience at the milk stations, should follow up the cases in their homes, should instruct the mothers in the feeding of their babies and in the proper care of the bottles. The nurses must also assist at the weekly conferences, where the doctor in charge examines each child and gives, when necessary, new instructions in regard to each case.

Nurses taking this district nursing course must be graduates of recognized hospitals, although a few senior undergraduates have been accepted.

During the year thirty graduate nurses have been admitted and twelve undergraduate nurses. Thirteen nurses are now in the school.

August 18 the Dorchester district was transferred from the staff to the resident nurses, they being under the supervision of one of our graduates as head nurse. The work in Dorchester is not only in the homes, but also in the Dorchester Dispensary, where the nurse assists the doctor in charge. During the five months 459 patients have been treated; seventeen operations were performed for adenoids and large tonsils.

The nurses who have graduated during the past year have accepted the following positions: one as head nurse in Charlestown over our resident nurses; one in Dorchester in the same capacity; another was accepted on the staff. Four have organized district nursing in other cities; one has gone to Derry, New Hampshire; others to Brattleboro, Vermont, Salem, Greenwich, Norwood, Gardner, and Lakeville, Massachusetts.

Respectfully submitted,

MINNIE H. P. BRIDGES,

Superintendent of the Training School.

MEMBERS OF THE CORPORATION

Extract from the By-Laws.—ARTICLE I. The Corporation of the Instructive District Nursing Association shall consist of the persons named in the Act of Incorporation; of all persons who have been or at any time shall be members of the Board of Managers; of the members of the Advisory Board for the time being; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more, each; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

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^{*} Deceased.

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FOR THE YEAR ENDING JANUARY 31, 1911

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Chase, Mrs. Percy	5.00	Gill, Mrs. G. F.	1.00
_		-	
Carried forward,	\$394.00	Carried forward,	\$918.00

Brought forward, \$9	00.81	Brought forward,	\$2,255.00
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	00.00	Peabody, Miss M. C.	3.00
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Loring, Mrs. W. C.	15.00	Sargent, Mrs. Winthrop	5.00
Carried forward, \$2,2	255.00	Carried forward,	\$2,867.00

Brought forward,	\$2,867.00	Brought forward, \$	3,040.00
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Sturgis, Miss Alice Mau	d 10.00	Woods, Mrs. Henry	·100.00
Sturgis, Mrs. John H.	5.00	Young, Mrs. B. L.	10.00
Thayer, Miss Adele G.	10.00	Young, Miss Fanny	10.00
		-	
Carried forward,	\$3,040.00	Total,	3,300.00

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Carried forward,	1,346.20	Carried forward,	\$3,257.20

Brought forward, \$3,25	:7.20	Brought forward, \$6	,823.13
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0 1 35 04 4	0.00	Hazeltine, Mr. C. B. R.	10.00
0 1 35 0 5	10.00	Heath, Miss Edith de C.	25.00
Ct 1 2 5 mm 44	20.00	Hecht, Mr. Louis	25.00
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Dexter, Mrs. Philip	5.00	Hunnewell, Mr. Francis W.	500.00
Donald, Mrs. W. A.	21.93	Hunnewell, Mrs. H. S.	25.00
Dorchester Relief Society 1,25	50. 0 0	Hunnewell, Mr. Walter	25.00
Edwards, Miss Hannah M.	25.00	Hutchins, Mrs. Constantine I	F. 5.00
	0.00	In memory of Helen E.	
Eliot, Mr. Amory	0.00	Cary	,000.00
Emerson, Miss Ellen T.	10.00	Ireland, Miss Catherine I.	10.00
Endicott, Mr. William, Jr. 10	00.00	Jackson, Mrs. Henry	10.00
Evans, Mrs. Glendower	25.00	Jackson, Miss M. C.	100.00
	50.00	Jaynes, Mrs. Charles P.	2.00
Foss, Mrs. Eugene N.	0.00	Jones, Mr. F. B.	5.00
Fox, George G., Co.	0.00	Jones, Miss Helen T.	5.00
	50.00	Jordan, Mrs. Helen L.	5.00
	25.00	Kimball, The Misses	100.00
·	25.00	Lawrence, Mr. Amory A.	25.00
	00.00	Lawrence, Mr. Charles R.	10.00
	00.00	Lawrence, Miss Clara G.	1.00
~	00.00	Lawrence, Miss Sarah	5.00
	10.00	Leland, Mrs. Lester	75.00
Friend	10.00	Leviseur, Mrs. Louis	5.00
Carried forward, \$6,82	23.13	Carried forward, \$9	,143.13

Brought forward, \$9,143.1	3 Brought forward, \$10,645.13
Lincoln, Mrs. E. H. 2.0	71.
Lockwood, Mrs. Thomas S. 10.0	
Loring, Mr. A. P. 25.0	
Lovett, Mrs. A. S. 5.0	
Lowney, Walter M., Co. 300.0	
Mahoney, Rev. T. J. 5.0	
Mandell, Mrs. George S. 25.0	
Mann, Mr. C. A. 15.0	
Mason, Mrs. Charles E. 75.0	
Mason, Miss Fanny P. 10.0	
Massachusetts Charitable	Scaife, Mrs. Lauriston L. 5.00
Fire Society 75.0	
Miller, Mrs. Charles H. 10.0	
Monks, Mrs. George H. 10.0	
Moore, Prof. F. J. 50.0	
Morrill, Miss Amelia 50.0	
Morrill, Miss Annie W. 50.0	
Morrill, Miss Fanny E. 50.0	o Shepard, Mr. T. H. 5.00
Mumford, Mrs. James G. 10.0	
Nash, Mrs. B. H. 20.0	
Old South Guild 25.0	o Smith, Miss Ellen V. 10.00
Parkinson, Mr. John 50.0	o Sohier, Miss E. L. 25.00
Parkman, Miss Mary R. 3.0	o Spaulding, Mr. J. T. 25.00
Peabody, Mrs. Francis G. 75.0	o Spaulding, Mr. W. S. 25.00
Peabody, Miss G. W. 15.0	
Peabody, Mrs. W. Rodman 10.0	o Stevens, Miss Helen G. 5.00
Peckerman, Mrs. E. R. 2.0	o Stevenson, Mrs. R. H. 10.00
Peters, Mr. F. A. 10.0	o Strouse, Mr. Sidney S. 5.00
Pickman, Mrs. D. L. 25.0	o Sturgis, Mrs. H. P. 10.00
Pierce, Mrs. Francis A. 5.0	O Sturgis, Mrs. Robert Shaw 5.00
Pierpont, Mrs. John 5.0	o Tapley, Miss Alice P. 50.00
Porter, Mr. and Mrs. Alex.	Tapley, Mrs. Amos P. 100.00
S., Jr. 50.0	o The '88 Sewing Circle 38.00
Potter, Mrs. George S. 5.0	The '90 Sewing Circle 50.00
Pratt, Miss Mary 300.0	The '99 Sewing Circle 25.00
Pratt, Mr. Robert M. 50.0	o Townsend, Mrs. William S. 5.00
Putnam, Miss Ellen Day 10.0	o Tudor, Mrs. John W. 10.00
Randolph, Mrs. Helen R. 5.0	O Two Sisters 10.00
Reed, Mrs. W. H. 50.0	
Richardson, Mrs. F. L. W. 10.0	Tyng, Mr. Stephen H. 25.00
Carried forward, \$10,645.1	3 Carried forward, \$12,004.13

Brought forward, \$12	2,004.13
Van Nostrand, Mrs. A. G.	10.00
Wadsworth, Mrs. Alexan-	-
der F.	100.00
Walker, Mr. Charles C.	10.00
Walker, Miss Evelyn	5.00
Walker, Mrs. William Bent-	-
ley	50.00
Ward, The Misses	450.00
Warren, Mrs. Bentley W.	25.00
Webster, Mr. Frank G.	100.00
Weld, Mrs. C. Minot	10.00

Brought forward, \$12,764.13 Weston, Mrs. Henry C. 50.00 Wheelwright, Miss A. E. 10.00 Wheelwright, Miss Mary C. 25.00 Whitman, Mr. James H. 25.00 Whitney, Mr. Edward F. 25.00 Whittier, Mrs. A. R. 10.00 Whitwell, Mr. Frederick A. 10.00 Wigglesworth, Mr. George 300.00 Winslow, Mrs. Arthur 5.00 Women's Society of Temple Israel 500.00

Carried forward, \$12,764.13

Total, \$13,724.13

ARLINGTON STREET CHURCH DONATIONS

Abbott, Mrs. Jere	\$10.00
Allen, Mrs. R. N.	5.00
Allen, Mrs. Thomas	10.00
Ames, Mrs. William H.	25.00
Amory, Mr. C. W.	500.00
Andrews, Mr. Edward R.	5.00
Anonymous	20.00
Austin, Mrs. James W.	10.00
Ball, Mrs. George H.	25.00
Barnes, Mrs. Charles B.	5.00
Barrett, Miss M. D.	5.00
Bartlett, Mr. Francis	25.00
Bartlett, Miss M. C.	2.00
Bartlett, Miss Mary H.	5.00
Beal, Mrs. James H.	10.00
Beal, Mr. Thomas P.	25.00
Bradley, Mrs. Robert S.	10.00
Brewer, Miss Lucy S.	5.00
Burnham, Mrs. J. A.	5.00
Carter, Miss M. Elizabeth	20.00
Chamberlin, Mr. E. D.	25.00
Chick, Mrs. Frank S.	2.00
Clark, Mrs. Frederic S.	25.00
Coolidge, Mrs. D. H.	10.00

Brought forward, \$789.00 Councilman, Mrs. W. T. 2.00 Cruft, Miss H: O. 10.00 Cunningham, Mrs. Henry W. 10.00 Cunningham, Mrs. J. H. 5.00 Curtis, Miss Emily A. 5.00 Cutter, Mrs. Abram E. 20.00 Dalton, Mrs. Charles H. 300.00 Davis, Mrs. Joseph E. 5.00 Dewson, Mrs. George B. 5.00 Dexter, Miss Rose L. 10.00 Draper, Mrs. F. W. 2.00 Eaton, Miss Catherine S. 10.00 Eaton, Miss Lucy H. 10.00 Endicott, Mr. William, Jr. 100.00 Ernst, Mrs. C. W. 3.00 Estabrook, Mrs. Arthur F. 25.00 Fessenden, Mr. Russell G. 5.00 Fitz, Mrs. R. H. 10.00 Fitz, Mrs. W. S. 10.00 Foster, Miss Fanny 25.00 French, Mrs. John J. 10.00 Frothingham, Mrs. P. R. 25.00 Frothingham, Mrs. T. G. 5.00

Carried forward, \$789.00

Carried forward, \$1,401.00

Brought forward,	\$1,401.00	Brought forward,	\$2,103.00
Goddard, Miss Mary L.	5.00	Pitman, Mrs. B. F.	10.00
Greeley, The Misses	15.00	Post, Miss Eliza C.	3.00
Grew, Mrs. H. S.	10.00	Prince, Mrs. H. F.	1.00
Guild, Mrs. S. Eliot	10.00	Rackemann, Mrs. Felix	10.00
Guild, Miss Sarah L.	5.00	Ranney, Miss H. M.	5.00
Hammond, Miss Ellen	4.00	Ranney, Miss Maria F.	5.00
Harrington, Mrs. F. B.	3.00	Rantoul, Mrs. Neal	50.00
Higginson, Mrs. Frank L	. 25.00	Read, Miss Sarah E.	25.00
Hollander, Mr. T. C.	10.00	Reed, Mrs. Sarah A.	5.00
Hooper, Mrs. James R.	10.00	Richards, Miss Annie L.	5.00
Hooper, Mrs. Warren L.	10.00	Richards, Mrs. C. A.	5.00
Hopkins, Mrs. R. W.	2.00	Robins, Miss Susan P. E	3. 2.00
Hubbard, Mrs. Eliot	5.00	Rogers, Miss Catharine I	3.00
Hurd, The Misses	5.00	Rogers, The Misses	5.00
In memory of Rebecca	A.	Sanborn, Mrs. Edwin L.	5.00
Greene	300.00	Sargent, Mrs. F. W.	25.00
Kennard, Mrs. C. W.	5.00	Severance, Mrs. P. C.	5.00
Kidder, Mrs. H. P.	15.00	Shaw, Mrs. R. G.	200.00
Kimball, Mrs. David P.	25.00	Smith, Mrs. Charles C.	5.00
Kimball, Mrs. L. C.	25.00	Smith, Miss Elizabeth H.	5.00
King, Miss Caroline W.	5.00	Smith, Mrs. Phineas B.	5.00
Lilly, Mrs. Channing	5.00	Sweetser, Mr. I. Homer	5.00
Lincoln, Mrs. Arthur	5.00	Swift, Miss Lucy W.	1.00
Little, Mrs. John Mason	5.00	*Talbot, Mrs. Thomas	5.00
Lombard, Mrs. J. H.	5.00	Taylor, Miss E. M.	1.00
Lothrop, Mrs. L. G.	5.00	Thayer, Mrs. C. I.	2.00
Mandell, Mrs. Samuel P.	25.00	Thayer, Miss Harriette A	4. 10.00
Mifflin, Mrs. G. H.	5.00	Thomas, Miss C. C.	5.00
Morison, Mrs. Frank	10.00	Torrey, Miss Ann D.	5.00
Morse, Miss Evelyn E.	1.00	Two Sisters	10.00
Moseley, Miss Ellen F.	5.00	*Wadsworth, Mrs. O. F.	10.00
Motley, Mrs. E. Preble	25.00	Washburn, Mrs. Miles	1.00
Newhall, Mrs. Horatio	2.00	Weeks, Mrs. W. B. P.	5.00
Nowell, Mrs. G. M.	25.00	Weld, Mrs. William G.	500.00
Osgood, Mrs. E. L.	10.00	Wheeler, Mrs. Alexander	r S. 10.00
Parker, Miss Eleanor S.	35.00	Wheelwright, Mrs. Charle	es C. 5.00
Paul, The Misses	10.00	White, Mrs. C. T.	5.00
Peirce, Miss Caroline Pr	ut-	Wigglesworth, Mrs. Edw	vard 5.00
nam	5.00	Williams, The Misses	5.00
Pickman, Mrs. D. L.	25.00	Winslow, Mrs. Winthrop	C. 10.00
Carried forward,	\$2,103.00	Total,	\$3,087.00

^{*} Deceased.

KING'S CHAPEL DONATIONS

Anonymous	\$10.00	Brought forward,	\$906.00
Bartlett, Miss	25.00	Jackson, Mrs. James, Jr.	10.00
Bartlett, Miss Fannie	100.00	Jenks, Miss	5.00
Bazeley, Mrs. W. A. L.	50.00	Lang, Mrs. B. J.	3.00
Bellows, Mrs. H. W.	5.00	Loring, Miss Helen	10.00
Bradford, Mrs. E. H.	10.00	Lothrop, Mrs. T. K.	25.00
Bradlee, Mrs. J.	10.00	Lowell, Mr. A. Lawrence	25.00
Brooks, Mrs. S.	100.00	*Lowell, Mr. F. C.	15.00
Chase, Mrs. Theodore	25.00	Lowell, Mrs. George G.	20.00
Clarke, Mr. Eliot C.	10.00	Lyman, Mr. Arthur T.	100.00
Collamore, Miss Helen	25.00	Lyman, Miss	25.00
Coolidge, Mrs. J. Randolph	10.00	Lyman, Miss Mabel	25.00
Coolidge, Mr. J. T.	50.00	Member of King's Chape	900.00
Cordner, Miss C. P.	5.00	Minns, Mr. Thomas	10.00
Cordner, Miss E. P.	10.00	Minot, Dr. J. J.	10.00
Curtis, Mrs. C. P.	100.00	Minot, The Misses	30.00
Curtis, Mrs. G. S.	25.00	Mixter, Miss M. C.	15.00
Curtis, Miss I. P.	5.00	Morse, Mrs. S. T.	10.00
Curtis, Mrs. James F.	50.00	Nichols, Mr. B. W.	10.00
*Debuchy, Mrs. Albert	100.00	Nichols, Miss M. P.	10.00
Devlin, Mrs. John E.	15.00	Norcross, Mrs. O., Jr.	10.00
Emmons, Mrs. R. W., 2d	10.00	Peabody, Mrs. F. H.	10.00
Fields, Mrs. James T.	10.00	Peabody, Mrs. R. S.	20.00
Flagg, Mrs. A.	20.00	Plympton, Miss M. L.	5.00
Friend	25.00	Ross, Mrs. W. O.	10.00
Fuller, Mrs. Charles E.	2.00	Russell, Miss M.	5.00
Goddard, Miss J.	5.00	S. C. B.	10.00
Gray, Miss Mary C.	10.00	Sears, Mrs. P. H.	20.00
Hall, Miss M. B.	5.00	Sprague, Dr. F. P.	25.00
Hayward, Miss F.	5.00	Stevenson, Mrs. R. H.	20.00
Hill, Mrs. H. A.	5.00	Stratton, Mrs. S. P.	5.00
Homans, Mrs. C. D.	10.00	Thayer, Mrs. N.	50.00
Homans, Mrs. John	25.00	Ward, Miss E. M.	5.00
Hough, The Misses	4.00	Ware, Miss M. L.	15.00
Howe, Mrs. George D.	10.00	Wheelwright, Mrs. E. M.	5.00
In memory of Frederick		Wheelwright, Mr. J. W.	10.00
Howard Lombard, M.D.	5.00	Whitney, Mrs. J. C.	10.00
Jackson, Miss A. P.	10.00	Whitney, Miss M.	2.00
Jackson, Mrs. C. C.	5.00		
Carried forward, \$	8906.00	Total,	\$2,401.00

TRINITY CHURCH DONATIONS

Allan, Mrs. B. J.	\$25.00	Brought forward,	\$125.00
Beebe, Mrs. J. Arthur	25.00	Norman, Mrs. Guy	25.00
Gray, Mrs. J. C.	15.00	Shaw, Mrs. G. H.	50.00
Lothrop, Mrs. T. K.	25.00	Thayer, Mrs. E. V. R.	25.00
Lowell, Miss Georgina	10.00	Winthrop, Mrs. T. L.	25.00
Nash, Mrs. B. H.	25.00		
Carried forward,	\$125.00	Total,	\$250.00

COMFORT FUND

The M. A. Sewing Circle	\$75.00	Brought forward,		\$89.32
Morrison, Mrs. John H.	10.00	Winthrop, Mrs.	R. C.,	Jr. 25.00
Whitwell, Miss Natalie	4.32			
Carried forward,	\$89.32	Total,		\$114.32



Entrance to bedridden patient's home. Uncovered bread being sold in filthy surroundings. Nurse reported conditions to the Board of Health.



RULES FOR NURSES

Rule I. The duties of nurses are to visit the sick who are deprived of proper care, to care for them in their homes, and to instruct them and their families in the simpler rules of nursing and hygiene, and in the laws of wholesome living. Nurses shall perform these duties under the immediate direction of the physicians to whom or to whose districts they shall be respectively assigned. In strictly medical and surgical matters, the authority of the physicians shall be supreme; and the Superintendent shall have power to enforce the medical and surgical directions of the physicians in their absence. In all other matters whatsoever, the nurses shall be subject to the authority of the Superintendent. They shall also be subject to the superior authority of the Board of Managers, or of any committee to which the Board may delegate any of its powers in this regard.

Rule 2. Nurses shall be on duty each week day at 8.30 A.M. The usual length of the day's work shall be eight hours. Time for luncheon, not exceeding one hour, shall be allowed about the middle of the day. Each staff nurse shall be given two afternoons a month and the assurance of Sundays and legal holidays free, except when the Sundays and holidays follow one another directly, in which case each nurse shall work one of the two days. Each nurse who has worked three consecutive months for the Association, and who has been assigned duty from month to month, shall be entitled to two afternoons a month and every other Sunday. Each probationer and each nurse who has not worked three consecutive months for the Association shall be given one afternoon a month, and when necessary shall be asked to come out on Sunday.

RULE 3. The first three months of service of a nurse not a graduate of the Training School of this Association shall be a term of probation. One month's term of probation is required of a nurse who has received the diploma of the Training School. During this probation period a nurse may leave the service of

the Association or the Association may discharge her without notice by either party. Having served her term of probation, she may be appointed for a term of two years including probation, and she must then agree to remain for a term of two years including probation. Each reappointment shall be for a term of one year, and each nurse thus reappointed must agree to remain for a term of one year.

RULE 4. Each nurse shall be entitled to one month's vacation in each year. Her salary will be paid only on the condition that she has devoted this vacation to rest, and during this time has worked for no employer other than this Association.

Rule 5. Except during the term of probation, no nurse shall leave the service of the Association in the midst of a term, except for illness or with the consent of the Association; and if she shall leave in violation of the preceding provision, she shall be liable, at the discretion of the Association, to forfeit a month's pay.

RULE 6. A nurse may be immediately dismissed for inefficiency, neglect of duty, or other misconduct, either in the past or present, or if she violate any of the Rules for Nurses or any direction given her by any properly authorized board, committee, or person. Payment shall be made to date of dismissal only.

RULE 7. Nurses shall not work for any other employer during the term of their employment by the Association.

RULE 8. Detailed reports of their work shall be made weekly at the office of the Association by the nurses to the District Committees and to the Registrar. A list of all new cases shall be sent daily by each nurse to the office. A statistical sheet of the month's work shall be filled out and sent to the Registrar once a month.

Rule 9. The salaries of nurses not graduates of the Training School of this Association shall be \$50 a month each for the first three months, \$60 a month each for the next nine months, and \$70 a month each thereafter. The salaries of nurses elected to the staff who have received the diploma of the Training School shall be \$70 a month each from beginning of service. In addition, they shall each be allowed \$5 a month for car fares, \$2 a month for laundry, the washing of nurses' aprons and towels, and

\$1 a month for charwoman, the necessary cleaning and washing for patients.

RULE 10. The Association prescribes a uniform for the nurses. The waists, collars, and aprons shall be supplied by the nurses. The skirts, coats, and hats will be furnished by the Association. Nurses shall wear the uniforms during the whole of the time that they are on duty; and shall always wear aprons while attending on patients.

RULE II. Nurses shall be examples of neatness and orderliness; and they shall strive to secure the cleanliness of the patients and of the sick rooms.

RULE 12. In cases of contagious or infectious disease, care shall be exercised and all practicable precautions shall be taken to avoid spreading the disease. In such cases, visits shall be made, so far as possible, after the other work of the day has been performed. Nurses, unless specially assigned to contagious work, must not visit scarlet fever and diphtheria cases.

RULE 13. When unsanitary conditions exist in the homes of the patients, the Board of Health shall be notified by printed cards provided for that purpose.

RULE 14. In lending articles to the sick, dated receipts must be taken for all articles loaned; and the return of such articles, properly cleansed, must be required.

Rule 15. Nurses shall not receive presents of value from patients or friends of patients; nor shall they give money or its equivalent in any form, unless authorized by a manager. All sums of money received by nurses from patients or friends of patients shall be paid into the treasury of the Association.

RULE 16. No interference shall be permitted with the religious or political opinions of patients.

RULE 17. Nurses shall not be required to attend cases in houses of ill repute.

RULE 18. In the event of clinical instruction being given students by the physicians, the presence of the nurses shall not be required.

BY-LAWS

ARTICLE I. The Corporation of the Instructive District Nursing Association shall consist of the persons named in the Act of Incorporation; of all persons who have been or at any time shall be members of the Board of Managers or incumbents of the office of Treasurer; of the members for the time being of the Advisory Board or of the Committee on Finance except the Treasurer; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more each; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

ARTICLE II. The Officers of the Association shall consist of a President, two Vice-Presidents, a Secretary, a Treasurer, and not less than eleven nor more than twenty-three Managers, all of which officers together, except the Treasurer, shall constitute the Board of Managers.

The said Board shall have the entire management of the business and the property of the Association; and especially shall have power to manage, lease, mortgage, and convey any real estate, and to assign, discharge, and foreclose any mortgages, that shall at any time belong to the Association, and to designate the officer or officers to sign all deeds and other instruments, and to do all acts necessary or proper in the premises.

ARTICLE III. The President, the Vice-Presidents, the Secretary, the Treasurer, and the Managers shall be chosen by ballot at the annual meeting of the Association, or at any adjournment thereof, or at any meeting in lieu of such annual meeting as provided in Article IV of these By-Laws; and shall hold their offices till the last Wednesday of the following February, and till others are chosen and qualified in their stead.

ARTICLE IV. The financial year shall end with the last day of January of each year. The annual meeting of the Association

shall be held on the last Wednesday of February in each year, at such place and time as the Board of Managers shall direct, except that if the last Wednesday of February shall in any year fall on the twenty-second day of the month, then the annual meeting shall be held on the following day. In the event of the annual meeting, by mistake or otherwise, not being called and held as herein prescribed, the Board shall order a special meeting to be called and held in lieu of and for the purpose of the annual meeting.

ARTICLE V. Any vacancy in the Board of Managers, including the offices of President, Vice-President, Secretary, and Treasurer, may be filled by the Board, whether such vacancy arises from the failure of the Association to elect the complement authorized by the By-Laws or from any other cause.

ARTICLE VI. Special meetings of the Association may be called by the Board of Managers, and shall be called by the President whenever requested thereto by ten members of the Association by a written instrument, which shall also state the purposes for which the meeting is to be called.

ARTICLE VII. At any meeting of the Association ten members shall constitute a quorum; but a smaller number may adjourn any meeting to a specified time and place.

ARTICLE VIII. The Board of Managers shall hold meetings for the transaction of business at least once in each calendar month, except the months of June, July, August, and September. Special meetings of the Board may be called by the President.

Five members of the Board shall constitute a quorum.

ARTICLE IX. There shall be an Advisory Board of not less than seven persons, to be elected by the Board of Managers. The Advisory Board shall be consulted by the Board of Managers whenever it is deemed necessary to refer to them for counsel. There shall also be a Committee on Finance, to consist of the Treasurer, ex officio, and of two other men, the latter to be elected by the Board of Managers. The Treasurer shall consult at least one other member of this committee, and shall obtain his approval in writing before investing any funds or changing any investment belonging to the Association.

ARTICLE X. The President, or in her absence one of the Vice-Presidents, shall preside at all meetings of the Association and of the Board of Managers.

ARTICLE XI. The Secretary, who shall be sworn, shall be Secretary both of the Association and of the Board of Managers, shall attend their meetings and keep accurate records thereof, shall give notice of all meetings of the Association or of the Board at least three days before the time of meeting, and shall perform all other duties incident to the office.

ARTICLE XII. The Treasurer shall have custody of the funds and the securities of the Association, shall receive all moneys and, when duly authorized, shall make all payments, shall keep full accounts, shall acknowledge all donations and subscriptions, and shall present at each regular meeting of the Board of Managers a statement of the current condition of the treasury, and at each annual meeting of the Association an account of the receipts and expenditures for the preceding financial year.

An Auditor to examine the Treasurer's books and accounts shall be appointed annually by the Board of Managers.

ARTICLE XIII. These By-Laws may be amended at any meeting of the Association, notice of the proposed amendment having been included in the notice of the meeting, and the proposed amendment having been read at a previous meeting either of the Association or of the Board of Managers.



